

## MEDICATIONS THAT AFFECT ALLERGY SKIN TESTS

Certain prescription and over-the-counter medications contain ingredients that may affect allergy skin test results. Please check the labels of all the medications you are using, including eye drops and nasal sprays, to determine if a medication contains any of the ingredients listed below. If they do contain any of the ingredients listed, please stop the medication for the time indicated, or contact your primary physician prior to your allergy skin tests. For questions about ingredients, contact your pharmacist.

If you take antihistamines and cannot stop them due to the severity of your condition, or any other reason, continue taking the medication and notify our office in advance of your appointment.

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### EYEDROPS

held @ least **(3) days** prior to testing

Pataday Patanol Optivar Zaditor Alaway Elestat Olopatadine Azelastine Ketotifen Epinastine  
Pheniramine (for example Visine Allergy Eye Drops)

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### NASAL SPRAYS

held @ least **(3) days** prior to testing

Astelin Astepro Azelastine Patanase Olopatidine

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### ORAL MEDICATIONS

held @ least **(7) days** prior to testing

Benadryl Diphenhydramine Tylenol PM Advil PM (allergy medications and nonprescription sleep aids)  
Doxylamine Pyrilamine Pheniramine (allergy, cold and sinus preparations)  
Phenergan Promethazine (prescription cough syrups and anti-nausea medications)  
Periactin Cyproheptadine (appetite stimulant and other uses)  
Meclizine Antivert Bonine Dramamine Dimenhydrinate (motion sickness)  
Ranitidine Zantac Famotidine Pepcid Axid Nizatidine (indigestion, heartburn medication)  
Chlor-Trimeton Chlorpheniramine (allergy, cold and sinus preparations)  
Tussionex cough syrup (contains Chlorpheniramine)  
Zyrtec Cetirizine Xyzal Levocetirizine Atarax Vistaril Hydroxyzine (allergy and itch)  
Claritin Loratadine Alavert (non-prescription allergy medications)  
Allegra Fexofenadine Clarinex Desloratadine Brovex Brompheniramine

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**Psychotropics** such as Zyprexa, Chlopromazine, Thorazine, Perphenazine, Clozaril, Clozapine, Doexpin, Sinequan, Pamelor, Nortriptyline, Amitriptyline, Elavil, Imipramine, Remeron, and Mirtazapine may affect allergy testing, but should not be modified without direction of the prescribing physician. Please notify our office in advance of your appointment if you are taking these medications.

## MEDICATIONS THAT DO NOT AFFECT ALLERGY SKIN TESTS

The following medications may be continued, and **do not** affect allergy skin tests:

Sudafed Pseudoephedrine Sudafed PE Phenylephrine (nasal decongestants)

Singulair Montelukast

Prednisone Prednisolone Medrol Methylprednisolone

Lotemax (Eye Drops)

Flonase Fluticasone Veramyst Nasonex Mometasone Nasacort AQ Rhinocort Omnaris (nasal sprays)

Robitussin Delsym Dextromethorphan (cough medications)

Prilosec Omeprazole Prevacid Lansoprazole Nexium Esomeprazole Protonix Aciphex (stomach acid reducers)

All Asthma Inhalers

Other medications that do not affect allergy skin tests include:

Antibiotics, arthritis medications, blood pressure medications, heart medications, cholesterol lowering medications, thyroid medications, and medications to control seizures.

Most prescription medications for insomnia, anxiety, and depression such as: Ambien, Lunesta, Ativan, Lorazepam, Xanax, Alprazolam, Valium, Diazepam, Prozac, Fluoxetine, Zoloft, Sertraline, Celexa, Citalopram, Effexor, Venlafaxine, Wellbutrin, Bupropion, and Lexapro, Escitalopram.

Eye drops used for glaucoma also do not affect allergy skin testing and can be continued.